

Class 3

Giant Steps Statements

1. I have a great social life, doing lots of different things. My right to rest and leisure is respected.
2. I never have to worry about where my next meal is coming from. My right to adequate food is respected.
3. I feel certain that my right to a fair trial will always be respected and that I will never be imprisoned unfairly.
4. Global warming does not really affect my lifestyle.
5. I know that I will have a good future and be able to reach my full potential. My right to an education will be respected.
6. I have no worries about going out at any time of the day or night where I live. My right to live in safety is respected.
7. My culture is respected within the community where I live.
8. I reckon I have as good a chance as anyone else of getting a job or promotion for which I am qualified. My right to be treated equally is respected.
9. I feel comfortable going into public places. My rights to equality and to be free from discrimination are respected.
10. I don't worry about getting ill. I know that my right to adequate medical care when I need it will be respected.
11. I feel safe and happy in my work. My right to work in a safe environment is respected.