



Action 34

Mental Health: Let's Make It Happen

WHAT? → A letter writing action for **World Mental Health Day 10 October 2009** targeting your local TDs and relevant Ministers.

→ Ask the TDs and ministers: to pressure the HSE to improve its poor financial accountability for mental health spending and to obtain commitments that proper measures will be put in place to ensure the effectiveness and efficiency with which the national mental health budget is spent.

WHO? → All TDs in your constituency; Minister for Finance; Minister for Health and Children

Ms Mary Harney T.D.
Minister for Health and Children
Department of Health and Children
Hawkins House
Dublin 2

Mr Brian Lenihan T.D.
Minister for Finance
Department of Finance
Upper Merrion Street
Dublin 2

When?→

Letters posted to targets in order to arrive for World Mental Health Day 10 October

→ Call or write to all TDs in your constituency It is best to ring your T.D.'s constituency office on a Friday or contact them in Leinster House Tuesday to Thursday. If possible arrange a clinic visit with your TD and meet him or her in person to discuss the matter.

Not sure about visiting your TD?

Why not register your interest in Amnesty International's lobbying training? Just email mentalhealth@amnesty.ie or phone Barry Johnston at 01 8638300.

Want to become a Mental Health and Human Rights Leader?

Amnesty International provides a range of training and resources to enable you to become a skilled activist for human rights. If you are interested please contact mentalhealth@amnesty.ie

Have you joined Amnesty?

We rely on membership to make ourselves heard. The more members we have, the stronger we become. You can join today by texting the word JOIN to 51444. You can also join on-line at <http://www.amnesty.ie/join> or simply call the office and we will process your membership over the phone on 01 836 8356.